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GREAT BOWL

Newsletter of the Camden Bowling Club

February 2012

www.camdenbowlingclub.com.au



Hello everybody and welcome to 2012. Hopefully you all had a restful break over

Christmas and the New Year and are ready to put your best foot forward with plenty of bowls organised for the coming year.

Following our first meeting of the year with the Match Committee, the year is shaping as one of our busiest for some time and hopefully you will all make good use of your diaries and keep up with what's going on.

We have a few new Members to the club and to them a warm Camden welcome.

We have begun the year with the second biggest District Championship entry and hopefully we will see some good results from that. We have also entered another pennant side, which makes us the only club having six sides in the District. Two more than any other club.

So good luck to all the bowlers whether you are representing the club or just playing social. Enjoy your bowls and let the year begin.

Playing their way through to the semi finals on Sunday morning, 22nd January, they had a relatively easy win against a Bargo team. This put them in the final and up against a strong team from Crookwell in the afternoon. All three players combined well together to take out the final by several shots.

It is not easy to win a District Championship and this is certainly a good result for our club. It was also extra satisfying for John who has now won a title in all District Championships, singles, pairs, triples and fours.

2011 Mixed Pairs

This was the last main event of the 2011 season with Dave and Kay Price both showing the good form that they had during the whole year. They had the final in control for most of the game but full credit to Eric and Barbara Mulley who never gave up and played some great bowls.



L to R, Dave, Kay, Barbara, Eric

This event proved much more popular this year so it is sure to be included in the program for 2012 later in the year.

BOWLS NEWS

District Championships

A great start to the year with our Camden Bowlers, Ivor Watkiss, Dave Price and John Bugden winning the District Triples event.



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Vale

On a sad note for the club, we have had to farewell two of our best Members over the last couple of months.

Vice President Ted Salmon, passing away just before Christmas and now Ray Puyo's sudden and unexpected passing.

It was a pleasure knowing these two gentlemen as I am sure everybody will agree. Both epitomized what the club is all about, great friendship.

Brian Douglass Premier Age Challenge

The under 50's came out on top in 2011 winning the Age Challenge by a good margin. There is certainly some good talent coming through the ranks with these younger guys and it all goes well for the future of the Club.

By the way they played it may be some time before we see them being beaten in this event.

2012 Pennants



The pennant season is all but under way with sides being picked and selectors being criticized. What's new!

While we would all like to pick our own positions and teams that is impossible. We

have five guys who have put their hand up to do this thankless job so as a club we should all support them the best way we can and accept where they believe we would be best served to represent our club. There is certainly no reflection on any bowler regardless of what grade you are selected in. The idea is to get out there and do the best for the club and your team regardless of position or grade.

To run with six sides is a mammoth undertaking for the selectors to sort out so let's support them. If you do have an issue please approach them in a constructive manner. Spell out your concerns and let them take that back to the meeting for discussion.

The competition only goes for ten weeks so it will be over before you know it. To get upset and agonize over where you are playing is just not worth it for such a short time. Remember we do play bowls for fun, not ranking rights.

Go Camden!!

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This Month's Health Tip

Go home, already

You may not be able to get out of working overtime once in a while, but don't make it a habit. Working too many long hours is associated with a greater risk of anxiety and depression, which can harm health. This also frees up more time to get down to the club and have a bowl. That has to be good for your health.

New Members

The Men's Club has seen three new members join us in January.

Col Wetton has moved to the Campbelltown area from Avoca to be closer to the family. Col was a member of the Avoca bowls club and brings some good experience with him.

Robert Patane is a local and has decided to give bowls a go as he moves into semi retirement. Already he is showing a talent for the game after only a couple of coaching sessions.

Peter Bickle is taking up the game again after a couple of years off and is keen to get on the green. He was previously a member of the Picnic Point club.

Please introduce yourself to them when you have the opportunity and make them welcome.

Pattie Dench has also joined the Ladies club. A new bowler but an elite sportswoman. The name may ring a bell. Can you remember what sport she was associated with? When you see her please introduce yourself and have a chat. She is a very interesting woman.

Christmas in Camden

There was some disharmony in one Camden household on Christmas day. Apparently one of our member's wives was not all that happy when she did not receive a Christmas present from her husband.

Things came to a head and she finally challenged him.

"I cannot believe you did not buy me a present for Christmas. Last year was bad enough when you gave me a burial plot. But this year NOTHING!"

The husband sighed... "Why would I buy you another present this year when you haven't bothered using the one I gave you last year..."

Then the fight started.

Male or Female?

You might not know this...but a lot of non-living objects are actually either male or female.

Here are some examples.

FREEZER BAGS: They are male, because they hold everything in, but you can see right through them.

PHOTOCOPIERS: These are female, because once turned off...it takes a while to warm them up again. They are an effective reproductive device if the right buttons are pushed...but can also wreak havoc if you push the wrong Buttons.

TYRES: Tyres are male, because they go bald easily and are often over inflated

HOT AIR BALLOONS: Also a male object. Because to get them to go anywhere, you have to light a fire under their back side.

SPONGES: These are female, because they are soft, squeezable and retain water.

WEB PAGES: Female, because they're constantly being looked at and frequently getting hit on.

TRAINS: Definitely male. Because they always use the same old lines for picking up people,

EGG TIMERS: Egg timers are female because, over time, all the weight shifts to the bottom.

HAMMERS: Male, because in the last 5000 years, they've hardly changed at all...and are occasionally handy to have around.

THE REMOTE CONTROL: Female. Ha! You probably thought it would be male, but consider this: It easily gives a man pleasure, he'd be lost without it, and while he doesn't always know which buttons to push, he just keeps trying

Time Is Of the Essence!

Have you noticed that each year is shorter than the last? Some might say that that's an illusion, but so what? If that's what you experience, then that's your reality... just as it is ours.

We know why it happens. When you turn four and look ahead at that year stretching out until your fifth birthday, it seems endless - that's because a year is one fourth of all the life that you've experienced so far. Four years of existence is all you have as a basis of comparison. But when you're 54, the year until your 55th birthday just flies by, because it's only a tiny 1/54th of your whole life.

The problem with that, if it wasn't already obvious, is that even if you live to be 100, your second half will subjectively last only a fraction as long as the first half of your life.

Even if you have half your life left, you've got less than half the time, effectively. Other than wisdom and years, the only things that will be increasing in your life are aches and pains. Everything else will be decreasing - strength, speed, agility, balance, endurance, beach-muscles, sex... (aw, crap, he had to go and mention that one).

That's probably a depressing thought - it sure enough doesn't cheer us much. But that same thought spurs us to think of ways to minimize the

decline and breakage, and to maximize the capabilities and pleasures, **without** requiring 25 hours out of every day.

So make every minute count and enjoy yourself.



Australia Day March

It was great to see a good number of our bowlers flying the Camden Bowling Club flag in the Australia Day march and advertising our great game. There were plenty of cheers from the crowd which made it all seem worth it.

Also to our very own choir who joined in to show our diversity within the club.

Well done Ladies and Gentlemen.

10 Top Tips for Lawn Bowls Beginners

- 1) Learn the etiquette of the game! (So you don't wind up your opponent and give him / her the upper hand)
- 2) Always stay calm, or give that impression
- 3) Choose a set of bowls that fit your hand, that won't slip in the wet (ask the coach for advise).
- 4) In a game of singles, if your opponent 'is on the jack', first priority is draw for 2nd shot!!
- 5) Try to practice with good bowlers, to raise your game.
- 6) Enter as many competitions / tournaments as possible, to gain experience.
- 7) Keep drawing, fire as a very last resort!! Practice firing, don't wait for an important game.
- 8) If you lose, never blame the, green / bowls / settings / someone moved, accept your opponent played better and congratulate them.
- 9) Arrive at a competition in plenty of time and prepare mentally and ensure you have all the necessary equipment.
- 10) When all seems lost, keep drawing, the game **WILL** turn around.

Forget Them Not

Caring for your loved ones memorials

- Flower Placement for Special Occasions
- General Cleaning & Maintenance