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Great Bowl!



BOWLS NEWS

District Pairs Championships

The finals of the District Pairs were held at the Bargo Bowling Club on Sunday 9th February. Camden was well represented by having no less than four teams playing in the semi finals. Ian Couper and Dave Price in the Seniors, Brendan Gallagher and Sean Matthew in the Presidents and Paul Burnes, Ed Klaassen, Mick Shepherd and John Bugden in the State Pairs.

Two of the teams went through to the finals in the afternoon. Brendan and Sean in the Presidents and Mick and John in the State Pairs.



Brendan and Sean had a great competition considering the short time both have been in the game. They knocked out a number of more fancied teams on their way to the final and just came up short of winning. A great effort guys.

The State Pairs was a close game from start to finish. On the twentieth end it was 17 all. With the weather closing in and the rain starting to fall heavier by the minute John drew a resting touch behind the jack which turned out to be the winning shot giving Mick and John the 2013 title. This is an outstanding effort with both Mick and John being in the final four times in the last five years and winning three times. This one being a back to back title. Outstanding effort for the Mick and John and for Camden.



Footnote: Five minutes after the game finished this was the state of the green. Just a bit to slow to bowl on.



Newsletter of the Camden Bowling Club
March 2013
www.camdenbowlingclub.com.au

District Singles

The District Singles finals are still to be played due to a wash out on the finals weekend. We have a number of players still going in all three events with none better than the Senior Singles making up the finals with all Camden bowlers. What an effort for these guys and the Camden Club. Good luck guys!!

Australia Day

For those that might have been in the crowd to cheer on the Australia Day parade through Camden on the 26th they would have seen a good contingent of Camden Men's Bowlers representing and promoting our club.

Many thanks to the guys that turned up and also to Alex and June Matheson's grand daughter who did a great job handing out promotional leaflets.



Above can be seen a few of the marchers enjoying an Australia Day drink after the march.

Ladies News

Nothing from the Ladies officially this month but it has to be recognized the successes of Michelle Fellows.

Michelle has started off the year where she left off last year with a great win in the Ladies District Singles. Also Michelle travelled to Melbourne as a



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qualifier in the Australian Open. It was a close first round but unfortunately Michelle was defeated. Certainly an asset for our Club and one of the players we can be all proud of.

Level 2 Umpire Re-Accreditation

Currently there are only four Level 2 umpires in the Southern Tablelands District. Two of these are at Camden.

On Sunday the 27th January, Karl Szynal and Steve Laker sacrificed a Sunday to undergo testing to maintain their Official Accreditation.

Having to do a greens test and a lengthy theory paper, both agreed they could think of better things to do on a Sunday.



Above – Karl going through his paces on the green, being review by Barry Risson from the State Umpires Committee. The rain just added to the fun of the day.



CMBC 75th Anniversary

Many of you may or may not realise that next year is our 75th Anniversary of the Men's Club.

Certainly a major milestone for our club!

Different events and suggestions are starting to be organised to make it a memorable year. If you feel you have an idea to help celebrate the year please put your idea in writing and pass it to one of the Committee. Every suggestion will be considered.

The coming Club's 75th book is also going very well. If any member has any photos, ideas, comment, feedback or memorabilia that they would like to include in the book please contact Frank Farrugia. This is your last chance before it begins to go into publication phase.

Also if you have Annual Reports from; 1939 to 1974, 1950 to 1957, 1982 to 1992 and 2010 Frank would love to hear from you.

From The Coaches

As we head into our pennant season practice is now more important than every. Here are the top five tips from four top level coaches to help your

game. If you have any questions please see the coach.

Barrie Lester, State and National Player

- Delivery routine, every serious player should have one
- Pigeon toe; this is one of the most common faults in delivery. To correct it increase our weight (momentum) forward and this will help control the direction of your foot.
- Short bowls. To much focus is on increasing the speed of the swing and not the body weight. Increase the body weight and it will complement the swing and improved timing.
- Keeping the head still when drawing or driving and keep locked on the target at all times.
- Watch the best and learn from them.

Mark Cowan, NTC Coach (Vic and Tasmania)

- All players should have a pre-shot routine to get focussed when it is their turn to bowl.
- Relax and enjoy the game. We bowl better with this mind set.

For the skippers out there;

- Play the shot you can get (not what the third thinks you can get)
- Play the percentages (that way if you are overweight or on the wrong line you may still get a favourable result)
- If you are down a number on the head, pretend you are holding the same amount of shots and are just adding to the count (relieves mental pressure and negative results)

Lachlan Tighe, International Coach

- Have a pre-delivery routine
- Correctly position toes and check line
- Observe and learn form the best
- Deliberate intense training will get results
- Focus. Where your mind goes everything else follows.

Lee Schraner, Leading player and experienced coach

- Go through the same routine every time. It enables the best from of correction and consistency.
- Train you weakness. It will improve performance.
- Enjoy the game more than anybody else. It makes you play better and has a positive influence on team mates.
- Set goals and monitor you performance in graphs. It helps understand peak performance and when work is required.
- Visit your coach regularly. Bad habits creep in and you coach can help.

The Law (one for the leads)

After placing the mat and delivering the jack and a bowl each the leads discover that the mat is on the wrong line. Should the mat be moved to the centre line or left in it's current position?

The law states;

Law 19.2 – After the start of play in any end, the mat should not be moved from its original position except in the following circumstances;

19.2.1 If the mat is displaced, it should be replaced in it's original position.

19.2.2 If the mat is out of line with the centre line, it should be straightened on that line.

19.2.3 If the mat is off the centre line, it should be moved to that line.

So it should be moved directly across to the centre line as soon as the mistake is noticed.

For those that have attended coaching they have been shown how the mat is placed correctly. If the mat is placed correctly there is no need for this to happen. If the lead faces the bank and looks at the rink number you can't go wrong.

Umpire !!

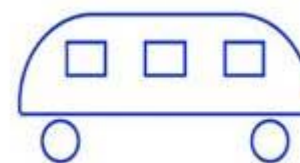
There has apparently been a bit of disquiet lately with there being no umpires for rescheduled games being played during the week.

Our Umpires give up a good amount of their time, including Friday nights, Saturdays and Sundays to do their bit for the club and umpire scheduled games. It's a bit much to expect them to be on call for every other game that may be played. If you feel that this should be done we look forward to seeing your name down for the next umpires course and giving the current umpires a hand.



A Pre School Test For You

Which way is the bus below travelling?
To the left or to the right?



Believe it or not most pre schoolers got it right. The bus is obviously moving to the right. Why.... Because you can't see the door. It's on the other side. So how do you feel now? Not so smart?

The Latest On The Horse Meat Scandal

English humour - A Course of Horse!
A woman has been taken into hospital after eating horse meat burgers from Tesco. Her condition is said to be stable.

Not entirely sure how Tesco are going to get over this hurdle.

Waitress in Tesco asked if I wanted anything on my Burger. So I had \$5 each way!

Tesco Quarter Pounders: The affordable way to buy your daughter the pony that she's always wanted!

Had some burgers from Tesco for my tea last night... I still have a bit between my teeth.

Anyone want a burger from Tesco? yay or neigh?
"I've just checked the Tesco burgers in my freezer...AND THEY'RE OFF"

A cow walks into a bar. Barman says "why the long face?" Cow says "Illegal ingredients, coming over here stealing our jobs!"

Said to the Mrs those Tesco burgers have given me terrible trots.

To beef or not to beef? That is equestrian.

Fifty Shades Of Grey

He was in ecstasy, with a huge smile on his face, as his wife moved forwards, then backwards, forward, then backwards again.... back and forth ... back and forth ... in and out ... in and out.

She could feel the sweat on her forehead and between her breasts, and trickling down the small of her back, she was getting near to the end.

Her heart was pounding ... her face was flushed ... then she moaned, softly at first, then began to groan louder.

Finally, totally exhausted, she let out an almighty scream and shouted,

"OK, OK! YOU WIN...I CAN'T PARK THE BLOODY CAR! You do it, you SMUG @\$%!"

